



# 2010 ASU INVITATIONAL

March 26-27, 2010

Joe Selleh Track at Sun Angel Stadium

**\*\* UPDATED ON MARCH 24, 2010 at 9:00 am PST \*\***

## FRIDAY, MARCH 26

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### Field Events

1:00 pm	Hammer	Women followed by Men
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## SATURDAY, MARCH 27

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### Field Events

10:00 am	Discus	Women followed by Men
2:00 pm	Pole Vault	Women
4:00 pm	High Jump	Women followed by Men
4:00 pm	Javelin	Men followed by Women
4:00 pm	Long Jump	Women (west runway) & Men (east) at same time
4:30 pm	Pole Vault	Men ( <i>approximate start time</i> )
6:00 pm	Shot Put	Women followed by Men
7:00 pm	Triple Jump	Women (west runway) & Men (east) at same time

### Running Events – Approximate Time Schedule

4:00 pm	100m Hurdles	Women
4:15 pm	110m Hurdles	Men
4:20 pm	3,000m Steeplechase	Women
4:35 pm	3,000m Steeplechase	Men
4:50 pm	4x100m Relay	Women
4:55 pm	4x100m Relay	Men
5:05 pm	1,500m Run	Women
5:20 pm	1,500m Run	Men
5:35 pm	400m Dash	Women
5:45 pm	400m Dash	Men
6:00 pm	100m Dash	Women
6:15 pm	100m Dash	Men
6:30 pm	800m Run	Women
6:45 pm	800m Run	Men
7:00 pm	400m Hurdles	Women
7:15 pm	400m Hurdles	Men
7:25 pm	200m Dash	Women
7:40 pm	200m Dash	Men
7:55 pm	5,000m Run	Women
8:15 pm	5,000m Run	Men
8:30 pm	4x400m Relay	Women
8:40 pm	4x400m Relay	Men